

Nine Steps to Save Your Marriage

for Husbands

**Step 3:
Say: “You were right.”**

W9-h3



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Step Three: Say “You were right.”

Objective: At the end of this step you will have written a statement for your wife that essentially says that she was right to terminate the (existing) relationship.

Exercise 1:

Make a list of what you think your wife wants to feel. Here is a starter list. Check those that apply, cross off those that don't, and add any that you wish.

Characteristic	Priority	Y/N/S
<input type="checkbox"/> to feel loved	___	___
<input type="checkbox"/> appreciated	___	___
<input type="checkbox"/> attractive	___	___
<input type="checkbox"/> respected	___	___
<input type="checkbox"/> to feel like a good wife	___	___
<input type="checkbox"/> to have fun	___	___
<input type="checkbox"/> to enjoy companionship	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___
<input type="checkbox"/>	___	___

Exercise 2:

Of those you chose, put them in priority sequence, with “1” being the highest priority for your wife.

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Exercise 3:

Of those you chose in Exercise 2, think about how well you met those needs. Put a “Y” for positively yes, “N” for “no, hardly ever, and “S” for sometimes.

Exercise 4:

Now you have some idea about what to say in your statement. Feel free to use any of the following statements to construct your message. Fill in the blanks with information you have.

- You were right to terminate our unsatisfying relationship.
- I’m not going to fight the breakup.
- You’re free to go — guilt free.
- I see now what I did wrong, and I’m sorry about that.
- I see now that I didn’t give you the love and acceptance that you deserved.
- I’m sorry for everything I did or didn’t do.
- I realize now that you were right about (what she said, thought, felt).
- I’ve discovered something really important (since you left, since you asked for a divorce).
- I didn’t (give you, make you feel), (something she would consider important in the list above, where she considers you to be seriously short), that you deserved.
- The way I was, I didn’t deserve you (include this as an optional if you think it’s valuable).
- I’ll give you what you want, and won’t fight it (divorce, separation, break, etc.).
- It was great for a while and I’m sad it’s over. I’ll never forget (something memorable for both of you).
- I’m really excited about the future. I’ll be spending my time learning what I should have learned before we married: how to create a really great relationship, be a good husband, and meet a woman’s needs.
- You’re free now, and unless you change your mind, we’re over.

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Exercise 5:

Think about the method you want to use to deliver the message, e.g. e-mail, letter, voice mail etc. Choose one then deliver it.

Exercise 6:

After you deliver the message, give her time to absorb it, while you continue with your studying. When you do talk to her, keep it light, no heavy discussions. Practice being:

accepting

forgiving

calm

gentle

cheerful

optimistic

positive

Please continue with Step 4: Prepare and Present the Promise